

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MELODY
LIVING

August 2026

Memory Care

Lake In The Hills



MEALS

Breakfast 9am

Lunch 12pm

Dinner 5pm

10:00 Sittercise
10:30 Scarf Dancing
11:00 Art Corner
2:30 Bingo
3:30 Spa Time
4:00 Cranium Crunches
6:00 - 8:00 Community Lua
Fundraiser

2

10:00 Sunday Service
11:00 Moving and Grooving
11:30 Balloon Toss
2:30 Smoothie Social
3:00 Bingo
5:45 Mindful Meditation

3

10:00 Daily Chronicles
10:30 Craft Corner: Summer
Picture Frame
11:00 Snack and Chat: Yogurt
Parfait
2:00 Sunshine BINGO
3:00 Community Chatter

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10:00 Morning Stretches
10:30 Rendever Virtual
Reality Experience
11:00 Snack and Chat:
Smoothie
12:00 Exercise w/ Paxxon
2:00 Manis and Massage
3:00 Happy Hour Chats

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10:00 Good Morning,
Melody! Donuts and Coffee
10:30 Bowling
11:00 Snack and Chat: Fresh
Fruit Medley
2:00 Music on the Patio
3:00 Table Activities

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10:00 Morning Stretches
10:30 Drum Circle w/ Chris
11:00 Snack and Chat: Fresh
Fruit
12:00 Exercise w/ Paxxon
2:00 Who, What, Where?
Lucille Ball
3:00 Outdoor Gardening
Club

7

10:00 Elizabeth Seton
Delivers Communion
10:30 Can You See the Big
Picture? Game
11:00 Snack and Chat
2:00 Sunshine BINGO
3:00 Banana Split Social

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10:00 Sittercise
10:30 Patio Time Pending
Weather
11:00 Art Corner
2:30 Bingo
3:30 Spa Time
4:00 Cranium Crunches

9

10:00 Sunday Service
11:00 Moving and Grooving
11:30 Bean Bag Toss
2:30 Smoothie Social
3:00 Bingo
5:45 Mindful Meditation

10

10:00 Morning Stretches
10:30 Craft Corner: DIY
Autobiography Book
11:00 Snack and Chat: Fresh
Fruit Medley
2:00 Travelogue: Exploring
the Everglades
3:00 Table Activities

11

10:00 Daily Chronicles
10:30 Paint by Numbers
11:00 Snack and Chat
12:00 Exercise w/ Paxxon
2:00 Hitchcock Scavenger
Hunt
3:00 Walking Club/ Patio Time

12

10:30 Live Catholic Mass with
Elizabeth Ann Seaton
10:00 Craft Corner with IL
Residents
10:30 Balloon Volleyball
11:00 Snack and Chat: Yogurt
Parfait
2:00 BINGO
3:00 Fruit or Vegetable Game

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10:00 Daily Chronicles
10:30 Rendever Virtual
Reality Experience
11:00 Snack and Chat: DIY
Chex Mix
12:00 Exercise w/ Paxxon
2:00 Music on the Patio
3:00 Ice Cream Social

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10:00 Morning Stretches
10:30 Sunshine & Citrus Trivia
11:00 Snack and Chat
2:00 Movie & Root Beer
Floats ft: Wizard of Oz
3:00 Table Activities

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10:00 Sittercise
10:30 Music Jamboree
11:00 Art Corner
2:30 Bingo
3:30 Spa Time
4:00 Cranium Crunches

16

10:00 Sunday Service
11:00 Moving and Grooving
11:30 Bean Bag Toss
2:30 Smoothie Social
3:00 Bingo
5:45 Mindful Meditation

17

10:00 Daily Chronicles
10:30 Craft Corner: DIY
Ceramic Flower Pot
11:00 Snack and Chat: Mixed
Berries and Cream
2:00 BINGO
3:00 Community Chatter

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10:00 Morning Stretches
10:30 Rendever Virtual
Reality Experience
11:00 Snack and Chat
12:00 Exercise w/ Paxxon
2:00 Manis and Massage
3:00 Happy Hour Chats

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10:00 Daily Chronicles
10:30 Cornhole
11:00 Snack and Chat: Yogurt
Parfait
2:00 Popsicles on the Patio
3:00 Table Activities

20

10:00 Morning Stretches
10:30 Balloon Volleyball
11:00 Snack and Chat
12:00 Exercise w/ Paxxon
2:00 Outdoor Gardening
Club
3:00 Sundae Social

21

10:00 Elizabeth Seton
Delivers Communion
10:30 Jeopardy Trivia
11:00 Snack and Chat
2:00 BINGO
3:00 The Sunny Side of
Health Wellness

22

10:00 Sittercise
10:30 Gardening and Patio
Time Pending Weather
11:00 Art Corner
2:30 Bingo
3:30 Spa Time
4:00 Cranium Crunches

23

10:00 Sunday Service
11:00 Moving and Grooving
11:30 Table Games
2:30 Smoothie Social
3:00 Bingo
5:45 Mindful Meditation

24

10:00 Morning Stretches
10:30 Craft Corner: DIY
Keepsake Box
11:00 Snack and Chat: Fresh
Fruit
2:00 Who, What, Where?
Mother Teresa
3:00 Table Activities

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10:00 Daily Chronicles
10:30 Balloon Volleyball
11:00 Snack and Chat
12:00 Exercise w/ Paxxon
2:00 Monthly Birthday
Celebration
3:00 Cranium Crunches

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9:00 What's Cooking w/
Chef Kevin
10:00 Morning Stretches
10:30 Bean Bag Toss
11:00 Snack and Chat
2:00 BINGO
3:00 Community Chatter

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10:00 Daily Chronicles
10:30 Bowling
11:00 Snack and Chat-Fresh
Fruit
12:00 Exercise w/ Paxxon
2:00 Outdoor Gardening
Club
3:00 ThrowBackThursday:
Robert Redford

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10:00 Morning Stretches
10:30 Reverse War Card
Game
11:00 Snack and Chat-Yogurt
Parfait
2:00 Movie & Popcorn ft:
3:00 Table Activities

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10:00 Sittercise
10:30 Scarf Dancing
11:00 Art Corner
2:30 Bingo
3:30 Spa Time
4:00 Cranium Crunches

30

10:00 Sunday Service
11:00 Moving and Grooving
11:30 Puzzle Time
2:30 Smoothie Social
3:00 Bingo
5:45 Mindful Meditation

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10:00 Daily Chronicles
10:30 Craft Corner: Ceramic
Flower Pot
11:00 Snack and Chat:
Smoothie
2:00 BINGO
3:00 Table Activities

