

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

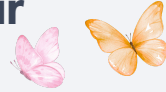
Saturday

MELODY  
LIVING

August 2026

Bridge Life Calendar

Lake In The Hills



1  
10:00 Sittercise  
10:30 Scarf Dancing  
11:00 Art Corner  
2:30 Bingo  
3:30 Spa Time  
4:00 Cranium Crunches  
6:00 - 8:00 Community  
Lua Fundraiser

2

10:00 Sunday Service  
11:00 Moving and  
Grooving  
11:30 Balloon Toss  
2:30 Smoothie Social  
3:00 Bingo  
5:45 Mindful Meditation

3

9:30 Monthly Updates w/  
Brittney  
11:30 Snack and Chat:  
Yogurt Parfait  
3:00 Hitchcock  
Scavenger Hunt

4

9:30 Morning Stretches  
11:30 Snack and Chat  
12:00 Rendevers Virtual  
Reality Experience

5

9:30 Daily Chronicles  
11:30 Snack and Chat  
3:00 Craft Corner:  
Summer Picture Fram

6

10:30 Drum Circle w/  
Chris  
11:30 Snack and Chat  
12:00 Who, What,  
Where? Lucille Ball

7

10:00 Elizabeth Seton  
Delivers Communion  
11:30 Snack and Chat-  
Fresh Fruit Medley  
3:00 Banana Split Social

8

10:00 Sittercise  
10:30 Patio Time Pending  
Weather  
11:00 Art Corner  
2:30 Bingo  
3:30 Spa Time  
4:00 Cranium Crunches

9

10:00 Sunday Service  
11:00 Moving and  
Grooving  
11:30 Bean Bag Toss  
2:30 Smoothie Social  
3:00 Bingo  
5:45 Mindful Meditation

10

9:30 Weekly Updates w/  
Brittney  
11:30 Snack and Chat:  
Fresh Fruit Medley  
3:00 Happy Hour Chat

11

11:30 Snack and Chat  
12:00 Manis and Massage  
2:00 Music with Emma

12

9:30 Morning Stretches  
10:00 Craft Corner with  
IL/MC residents  
11:30 Snack and Chat  
3:00 Craft Corner: DIY  
Autobiography Book

13

11:30 Snack and Chat  
12:00 Rendevers Virtual  
Reality Experience  
3:00 Fruit or Vegetable  
Game

14

9:30 Sunshine & Citrus  
Trivia  
11:30 Snack and Chat-DIY  
Chex Mix  
3:00 Bowling

15

10:00 Sittercise  
10:30 Music Jamboree  
11:00 Art Corner  
2:30 Bingo  
3:30 Spa Time  
4:00 Cranium Crunches

16

10:00 Sunday Service  
11:00 Moving and  
Grooving  
11:30 Bean Bag Toss  
2:30 Smoothie Social  
3:00 Bingo  
5:45 Mindful Meditation

17

9:30 Weekly Updates w/  
Brittney  
11:30 Snack and Chat:  
Mixed Berries and Cream  
3:00 Sundae Social

18

11:30 Snack and Chat  
12:00 Rendevers Virtual  
Reality Experience  
2:30 Monthly Birthday  
Celebration

19

9:30 Daily Chronicles  
11:30 Snack and Chat  
3:00 Craft Corner:  
Ceramic Flower Pot

20

9:00 Morning Stretches  
11:30 Snack and Chat  
12:00 Who What, Where?  
Mother Teresa

21

10:00 Elizabeth Seton  
Delivers Communion  
11:30 Snack and Chat  
3:00 Walking Club

22

10:00 Sittercise  
10:30 Gardening and  
Patio Time Pending  
Weather  
11:00 Art Corner  
2:30 Bingo  
3:30 Spa Time  
4:00 Cranium Crunches

23

10:00 Sunday Service  
11:00 Moving and  
Grooving  
11:30 Table Games  
2:30 Smoothie Social  
3:00 Bingo  
5:45 Mindful Meditation

24

9:30 Weekly Updates w/  
Brittney  
11:30 Snack and Chat:  
Fresh Fruit  
3:00 Cranium Crunches

25

11:30 Snack and Chat-  
Fresh Fruit  
12:00 Manis and Massage  
3:00 Movie and Root  
Beer Float- Wizard of Oz

26

9:00 What's Cooking w/  
Chef Kevin  
11:30 Snack and Chat  
3:00 Craft Corner:  
Keepsake Box

27

9:30 Daily Chronicles  
11:30 Snack and Chat-  
Fresh Fruit  
12:00 Bean Bag Toss

28

9:30 Morning Stretches  
11:30 Snack and Chat-  
Yogurt Parfait  
3:00 Movie & Popcorn ft:  
The Secret Garden

29

10:00 Sittercise  
10:30 Scarf Dancing  
11:00 Art Corner  
2:30 Bingo  
3:30 Spa Time  
4:00 Cranium Crunches

30

10:00 Sunday Service  
11:00 Moving and  
Grooving  
11:30 Puzzle Time  
2:30 Smoothie Social  
3:00 Bingo  
5:45 Mindful Meditation

31

9:30 Weekly Updates w/  
Brittney  
11:30 Snack and Chat:  
Smoothie  
3:00 The Healthy Side of  
Wellness

