

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 Assisted Living Calendar Lake in the Hills  						1 10:00 Daily Devotions 10:30 Virtual Strength Training 1:30 Rummikub 4:00 Mindful Meditation 6:00- 8:00 Community Luau Fundraiser
2 10:00 Catholic Mass 11:00 Virtual Tai Chi 1:30 Bingo with Jan 3:15 Smoothie Social 4:00 Robert Redford Word Search	3 10:30 Mimosas & Mingling 1:30 Bingo 2:30 St. John's Lutheran Church 2:50 Melody Music Makers Rehearsals 3:30 Movie & Popcorn (A Dogs Purpose) 6:00 Scrabble	4 Salon Open 10:00 Outing to Walmart 1:00 Exercise with Paxxon 1:30 Resident Council Meeting 2:40 Making Dog Toys for Dog Days of Summer Event 3:30 Christ Community Church	5 1:00 Paxxon Parkinson's Exercise Class 1:40 Bingo 2:15 Movie Matinee (Parenthood) 2:50 Travelogue: Natural Wonders 3:00 Melody Music Makers Rehearsals 3:30 Wine of the Week	6 Salon Open 10:30 Breaking Grounds Drum Circle with Chris 1:00 Exercise with Paxxon 1:45 Robert Redford Fun Facts & Trivia 2:30 Live Violin Entertainment with Martin Lopez 3:30 Recite the Rosary	7 11:00 Virtual Chair Yoga 1:15 Bingo 2:20 Making Dog Toys for Dog Days of Summer Event 3:45 Happy Hour 6:00 Scrabble	8 10:00 Daily Devotions 1:30 Strength Training 1:45 Random August Trivia 2:45 Bingo with Myles 4:00 Mindful Meditation
9 10:00 Catholic Mass 11:00 Virtual Tai Chi 1:30 Pinocle Card Club 2:30 Coffee & Connections 3:15 Smoothie Social 4:00 Spelling Dog Days of Summer Crossword	10 9:30 Baking Dog Treats for Dog Days Event 2:30 St. John's Lutheran Church 2:30 Cycling Without Age Rides 3:00 Comfort Dogs Visit 3:30 Movie & Popcorn (The Union)	11 Dog Days of Summer Salon Open 1:00 Exercise with Paxxon 1:30 Dog Days of Summer Pet Adoption Event 3:15 Melody Music Makers Rehearsals 3:30 Christ Community Church	12 10:30 Live Catholic Mass with St. Elizabeth Ann Seaton 1:00 Paxxon Parkinson's Exercise Class 1:40 Bingo 2:15 Movie Matinee (Shipwrecked) 2:50 Canvas Tote Bags Craft 3:40 Wine of the Week	13 Salon Open 1:00 Exercise with Paxxon 1:30 Food Committee 2:30 Presentation with the McHenry County Conservation "How Ecosystem Services Work for Us" 3:30 Poker Club 3:30 Recite the Rosary	14 10:00 St Elizabeth Seton Delivers Communion 11:00 Virtual Strength Training 1:30 Bingo 2:30 Lucille Ball Fun Facts 3:30 Happy Hour 6:00 Scrabble	15 10:00 Daily Devotions 11:00 Virtual Strength Training 1:30 Mexican Train Club 3:30 Card Club 4:00 Mindful Meditation
16 10:00 Catholic Mass 11:00 Virtual Tai Chi 2:30 Coffee & Connections 3:15 Smoothie Social 4:00 Some Good News Word Search	17 10:00 Melody Marquee Miniseries Experience (Little House on the Prairie) Tv Series 2:30 Bingo 2:30 St. John's Lutheran Church 6:00 Searching for August Word Search	18 Salon Open 10:00 Outing to AAPLD Makerspace 1:00 Exercise with Paxxon 1:30 Travelogue: Wonders of Italy 3:00 Outing to DC Cobbs 3:30 Christ Community Church	19 1:00 Paxxon Parkinson's Exercise Class 1:40 Bingo 2:15 Movie Matinee (Return of the King- Elvis Presley) 2:50 Rap Session 3:15 Wine of the Week 3:30 Rendeвер Virtual Reality	20 Algonquin Library Drop Off Salon Open 1:00 Exercise with Paxxon 1:45 You be the Judge 2:30 Around the World Presentation "Italy" 3:30 Bunco 4:00 Recite the Rosary	21 11:00 Virtual Strength Training 1:15 Painting with Edith 2:45 Happy Hour 6:00 Scrabble	22 10:00 Daily Devotions 10:30 Strength Training 1:45 Shelf Categories Word Game 2:45 Bingo with Myles 4:00 Mindful Meditation
23 10:00 Catholic Mass 11:00 Virtual Strength Training 1:30 Mexican Train Club 3:15 Smoothie Social 4:00 A Day Playing Mini Golf Crossword	24 10:30 Mimosas & Mingling 1:45 Bingo 2:30 Live Lutheran Worship with Pastor Bruce 2:30 Cycling Without Age Rides 3:30 Movie & Popcorn (Matilda the Musical) 6:00 Sunny Days Word Match	25 Salon Open 10:00 Outing to Dollar Tree 1:00 Exercise with Paxxon 1:30 Travelogue: Wonders of Scotland 2:30 Food Committee 3:30 Town Hall 3:30 Christ Community Church	26 1:00 Paxxon Parkinson's Exercise Class 1:15 Bingo 2:15 Movie Matinee (Bad News Bears) 2:30 Live Presentation with Michelle Gibbons "I Love Lucy- Lucelle Ball Portrayal" 3:15 Wine of the Week	27 Salon Open 1:00 Exercise with Paxxon 1:30 Poker Club 3:00 Melody Music Makers Rehearsals 4:00 Recite the Rosary	28 10:00 St Elizabeth Seton Delivers Communion 11:00 Virtual Strength Training 1:30 Finishing Lines 2:30 Bingo 3:30 Happy Hour 6:00 Scrabble	29 10:00 Daily Devotions 11:00 Virtual Strength Training 1:30 Mexican Train Club 3:30 Card Club 4:00 Mindful Meditation
30 10:00 Catholic Mass 11:00 Virtual Tai Chi 1:30 Mexican Train Club 3:15 Smoothie Social 4:00 Secret Sunshine Puzzle Word Elimination	31 10:30 Mimosas & Mingling 1:30 Bingo 2:30 St. John's Lutheran Church 2:50 Melody Music Makers Rehearsals 3:30 Movie & Popcorn (Marty "Life is Short") 6:00 Scrabble					