

March 2026

Bridge Life Calendar

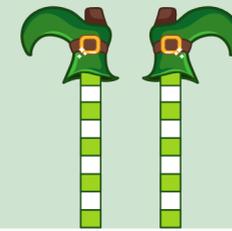
Lake In the Hills: Bridge Life



Purple is special days

17 March - St Patrick's Day

20 March - Spring Day



MEALS

Breakfast 9am

Lunch 1pm

Dinner 5pm



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 10:00 Sunday Service 11:00 Moving and Grooving 11:30 Balloon Toss 2:30 Smoothie Social 3:00 BINGO 5:45 Mindful Meditation	2 Purim Begins 10:00 Daily Chronicles 10:30 Exercise with Paxxon 11:00 Snack & Chat 2:00 Joyous Stories of Purim 3:00 Who AM I? Dr. Seuss	3 10:00 Coffee and News 10:30 Craft Corner: Fan-tastic Peacock 11:00 Snack & Chat 2:00 Rummy / Dominos 3:00 Where in the World? Ancient Wonders	4 10:00 Daily Chronicles 10:30 Table Bowling 11:00 Snack & Chat - yogurt parfait 2:00 BINGO 3:00 Mani and Massage	5 10:00 Morning News Break 10:30 Drum Circle with Chris 11:00 Upper Body Stretches 2:00 Throwback Thursday: Guess that TV Tune 3:00 Snack & Chat	6 10:00 Elizabeth Seton delivers Communion 10:30 Exercise with Paxxon 11:00 Snack and Chat 2:00 Women's History BINGO 3:00 Table Activities	7 10:00 Sittercise 10:30 Scarf Dancing 11:00 Art Corner 2:30 BINGO 3:30 Spa Time 4:00 Cranium Crunches	
8 Daylight Saving Time Begins 10:00 Sunday Service 11:00 Moving and Grooving 11:30 Parachute 2:30 Smoothie Social 3:00 BINGO 5:45 Mindful Meditation	9 10:00 Daily Chronicles 10:30 Exercise with Paxxon 11:00 Snack & Chat 2:00 Rosie the Reviter 3:00 What am I? Daylight Savings	10 10:00 Coffee and News 10:30 Craft Corner: Strawberry Garden 11:00 Snack & Chat 2:00 Uno / Card Games 3:00 Snack and Chat 4:00 Table Activities	11 10:00 Daily Chronicles 10:30 Live Catholic Mass with Elizabeth Ann Seaton 11:30 Balloon Volleyball 11:00 Snack & Chat- mixed fruit 2:00 BINGO 3:00 Table Activities	12 10:00 Morning News Break 10:30 Lower Body Exercise 11:00 Bean Bag Toss 2:00 Throw Back Thursday: My Fair Lady 3:00 Snack & Chat	13 10:00 Daily Chronicles 10:30 Exercise with Paxxon 10:30 Live Entertainment with Heather: Kiss me I'm Irish 11:00 Snack and Chat 2:00 BINGO 3:00 Sundae Social	14 10:00 Sittercise 10:30 Bowling 11:00 Art Corner 2:30 BINGO 3:30 Spa Time 4:00 Cranium Crunches	
15 10:00 Sunday Service 11:00 Moving and Grooving 11:30 Noodle Time 2:30 Root Beer Floats 3:00 BINGO 5:45 Mindful Meditation	16 10:00 Daily Chronicles 10:30 Exercise with Paxxon 11:00 Snack & Chat 2:00 BINGO 3:00 Travelogue: London-Then and Now	17 St. Patrick's Day 10:00 Coffee and News 10:30 Craft Corner: Berry Bloom Picture Frame 11:00 Snack & Chat 2:00 Headband Game 2:30 Music Emma 3:00 Tales of the Irish	18 10:00 Daily Chronicles 11:00 Ring Toss 2:00 BINGO 3:00 Mani and Massage	19 10:00 Morning News Break 10:30 Chair Aerobics 11:00 Ceramic Painting 2:00 Cranium Crunches 3:00 Snack & Chat	20 Spring Begins 10:00 Elizabeth Seton delivers Communion 10:30 Exercise with Paxxon 11:00 Snack and Chat 2:00 BINGO 3:00 Root Beer Floats	21 10:00 Sittercise 10:30 Scarf Dancing 11:00 Art Corner 2:30 BINGO 3:30 Spa Time 4:00 Cranium Crunches	
22 10:00 Sunday Service 11:00 Moving and Grooving 11:30 Scarf Toss 2:30 Ice Cream Social 3:00 BINGO 5:45 Mindful Meditation	23 10:00 Daily Chronicles 10:30 Exercise with Paxxon 11:00 Snack & Chat 2:00 BINGO 3:00 Star of the Month: Audrey Hepburn	24 10:00 Coffee and News 10:30 Craft Corner 11:00 Snack & Chat 2:00 Monthly Birthday Celebration 3:00 Finish the Sport Phrase	25 9:00 What's cooking with Chef Kevin 10:00 Daily Chronicles 10:30 Bowling 11:00 Snack & Chat- DIY Chex Mix 2:00 BINGO 3:00 Community Chatter	26 10:00 Morning News Break 10:30 Morning Stretches 11:00 Ballon Volleyball 2:00 Throw Back Thursday 2:30 Live Entertainment with Martin Lopez Violin Variety Show 3:00 Snack & Chat	27 10:00 Daily Chronicles 10:30 Exercise with Paxxon 11:00 Cranium Crunches 2:00 BINGO 3:00 Ice Cream Social	28 10:00 Sittercise 10:30 Ring Toss 11:00 Art Corner 2:30 BINGO 3:30 Spa Time 4:00 Cranium Crunches	
29 Palm Sunday 10:00 Sunday Service 11:00 Moving and Grooving 11:30 Ring Toss 2:30 Smoothie Social 3:00 BINGO 5:45 Mindful Meditation	30 10:00 Daily Chronicles 10:30 Exercise with Paxxon 11:00 Snack & Chat 2:00 Travelogue: Meet me in Milan 3:00 Table Activities	31 10:00 Coffee and News 10:30 Craft Corner: Decorating Wooden Birdhouse 11:00 Snack & Chat 2:00 BINGO 3:00 Where in the World: European Landmarks	 <p>ST. PATRICK'S DAY</p>				